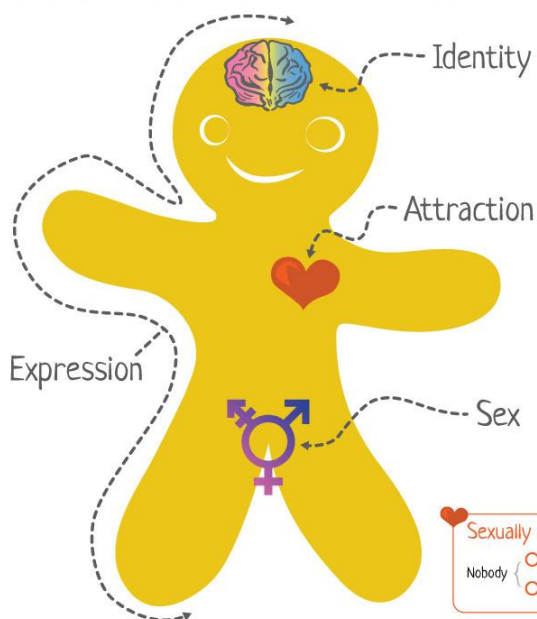


The Genderbread Person v3.0

by its pronounced **METROsexual**.com

Gender is one of those things everyone thinks they understand, but most people don't. Like *Inception*. Gender isn't binary. It's not either/or. In many cases it's both/and. A bit of this, a dash of that. This tasty little guide is meant to be an appetizer for gender understanding. It's okay if you're hungry for more. In fact, that's the idea.



Plot a point on each continuum, together they represent your gender in each of the components

4 (of infinite) possible plot and label combos

Gender Identity

Nongendered { Woman-ness
Man-ness

How you, in your head, define your gender, based on how much you align (or don't align) with what you understand to be the options for gender.

Gender Expression

Agender { Masculine
Feminine

The ways you present gender, through your actions, dress, and demeanor, and how those presentations are interpreted based on gender norms.

Biological Sex

Asex { Female-ness
Male-ness

The physical sex characteristics you're born with and develop, including genitalia, body shape, voice pitch, body hair, hormones, chromosomes, etc.

Sexually Attracted to

Nobody { (Men/Males/Masculinity)
(Women/Females/Femininity)

Romantically Attracted to

Nobody { (Men/Males/Masculinity)
(Women/Females/Femininity)

Circle one, two, or all three, depicting the aspects of gender to which you experience attraction.

For a bigger bite, read more at <http://bit.ly/genderbread>

©2013 Samuel Killerman www.ItsPronouncedMetrosexual.com

La licorne du genre

Graphique par : **TSER**
Trans Student Educational Resources



Identité de genre

Femelle/Femme/Fille
Mâle/Homme/Garçon
Autre(s) genre(s)

Expression/présentation du genre

Féminine
Masculine
Autre

Sexe assigné à la naissance

Femme
Homme
Intresexué

Attirance sexuelle

Femme
Homme
Autre(s) genre(s)

Attirance sentimentale/émotionnelle

Femme
Homme
Autre(s) genre(s)

Plus d'information sur : www.transstudent.org/gender

Design par: Landyn Pan and Anna Moore